

Food & Fun After School

Common Core Activity Alignment Guide

In addition to encouraging kids to embrace a healthier lifestyle, *Food & Fun Afterschool* supports the academic objectives defined by the Common Core State Standards Initiative. This activity alignment guide provides program site directors and educational institutions an idea of how *Food & Fun* activities can support the academic objectives defined by the College and Career Readiness Standards for English Language Arts (Anchor Standards) and the Standards for Mathematical Practice. In addition to the specific activities listed below, make sure to check out the reading lists provided in each unit that offer additional opportunities to address reading, listening, and speaking standards.

Unit 1: Fruits and Vegetables

- Taste Test Rating Sheet
 - Anchor Standards for ELA Writing 1, 4, 10
- Fruit and Vegetable Placemat
 - Standards for Mathematical Practice 4, 5

Unit 2: Get Moving

- Active Day Cartoon
 - Anchor Standards for ELA Writing 3, 4, 10
- Active Games
 - Speaking and Listening 1, 6

Unit 3: Be Sugar Smart

- Count It Up and Pour It Out
 - Anchor Standards for ELA Speaking and Listening 1, 4, 6
- Taste Test Rating Sheet
 - Writing 1, 4, 10
- Count It Up
 - Standards for Mathematical Practice 3, 5

Unit 4: Go for Good Fat

- Track the Trans Fat
 - Anchor Standards for ELA Reading 3, 5, 9
- Taste Test Rating Sheet
 - Writing 1, 4, 10

Unit 5: Go for Whole Grains

- Taste Test Rating Sheet
 - Anchor Standards for ELA Writing 1, 4, 10

Unit 6: Super Snacks

- Super Snack Book
 - Anchor Standards for ELA Writing 1, 7, 8, 10; Speaking and Listening 1, 2
- Silly Snacks
 - Anchor Standards for ELA Speaking and Listening 4
- Commercial Mania
 - Anchor Standards for ELA Reading 7; Speaking and Listening 1, 2, 4
 - Anchor Standards for ELA Writing 4, 10 *through use of extension activities*

Unit 7: Fruits and Veggies Mix it Up

- Taste Test Rating Sheet
 - Anchor Standards for ELA Writing 1, 4, 10
- Bingo
 - Anchor Standards for ELA Speaking and Listening 5
- Parts of the Plant
 - Anchor Standards for ELA Speaking and Listening 1 *through us of extension activities*

Unit 8: Tune Out TV

- Power Up Your Body Poster
 - Anchor Standards for ELA Writing 4, 7
- Tune Out (worksheet)
 - Anchor Standards for ELA Writing 10

Unit 9: Play Hard

- Build an Activity Wheel
 - Anchor Standards for ELA Speaking and Listening 5

Unit 10: Hydration

- Taste Test Rating Sheet
 - Anchor Standards Writing 1, 4, 10
- Gulp
 - Standards for Mathematical Practice 4

Unit 11: Finale

- Taste Test Rating Sheet
 - Anchor Standards Writing 1, 4, 10
- Act Up!
 - Speaking and Listening 1, 4, 5